## East 2023

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
7:30 AM	Wake Up/Diary	7:00 AM	Wake Up/Diary	7:00 AM	Wake Up/Diary	7:00AM	Wake Up/Diary	7:00 AM	Wake Up/Diary	7:00 AM	Wake Up/Diary	7:00 AM	Wake Up/Diary
	Cards/Targets/		Cards/Targets/		Cards/Targets/		Cards/Targets/		Cards/Targets/		Cards/Targets/		Cards/Targets/
	Meds		Meds		Meds		Meds		Meds		Meds		Meds
7:30AM	Breakfast/	7:30AM	Breakfast/	7:30AM	Breakfast/	7:30AM	Breakfast/ Clean/	7:30AM	Breakfast/	7:30AM	Breakfast/	7:30AM	Breakfast/ Clean/
	Clean Hygiene		Clean/ Hygiene		Clean/ Hygiene		Hygiene		Clean/ Hygiene		Clean/ Hygiene		Hygiene
9:00AM	Review/Set	8:30AM	Mindfulness	8:30AM	Mindfulness	8:30AM	Mindfulness	8:30AM	Mindfulness	8:30AM	Mindfulness	8:30AM	Mindfulness
	Weekly Goals												
	PREA Review												
11:00 AM	Religious or											9:00AM	Deep Clean
			Education		Education		Education		Education		Education		
			Education		Education		Education		Education		Education	10:30PM	Study Hall
40.00 PM	Personal Time	40.00.044		40.00 814		40.00DM		40.00 PM		40.00 PM		40.00.004	Homework
12:00 PM	Lunch /Hygiene	12:00 PM	Lunch /Hygiene	12:00 PM	Lunch /Hygiene	12:00PM	Lunch /Hygiene	12:00 PM	Lunch /Hygiene	12:00 PM	Lunch /Hygiene	12:00 PM	Lunch /Hygiene
40.000	Cleanup	12:30 PM	Cleanup	40.00014	Cleanup	40.00DM	Cleanup	12:30PM	Cleanup	12:30 PM	Cleanup	40.00014	Cleanup
12:30PM	Personal Time	12:30 PM	Education	12:30PM	Process Group	12:30PM	Education	12:30PM	Education	12:30 PM	Education	12:30PM	Home Ec. Class
					Builder								
		1:45 PM	PhysEd	1:45 AM	Ed. Group					1:45 PM	PhysEd	2:00PM	Phys Ed
1:00PM	Religious or	2:50PM	Break	2:50PM	Break	2:50PM	Break	2:50PM	Break	2:50PM	Break	2:50PM	Break
	Personal Time												
3:00PM	Study Hall	3:15PM	DBT Skills	3:15 PM	D & A Group	3:15 PM	Gender/Life Skills	3:15PM	Anger Man.	3:15PM	MRT Group	3:15 PM	DBT Process
	Homework								Conflict Res.				
4:00PM	Cultural	4:45PM	Relaxation	4:45PM	Relaxation	4:45PM	Relaxation	4:45PM	Relaxation	4:45PM	Relaxation	4:00PM	Recreation
													ricer cation
5:00 PM	Diversity Dinner/Hygiene	5:00 PM	Exercise Dinner/Hygiene	5:00 PM	Exercise Dinner/Hygiene	5:00 PM	Exercise Dinner/Hygiene	5:00 PM	Exercise Dinner/Hygiene	5:00P.M.	Exercise Dinner/Hygiene	5:00 PM	Dinner/Hygiene
	Diffiler/Hygiefie		Diffile // Hygiefie		Difficer/Hygietie		Diffile / Hygiefie		Diffile // Hygiefie		Diffiler/Hygiefie		Diffile/Hygiefie
	Cleanup		Cleanup		Cleanup		Cleanup		Cleanup		Cleanup		Cleanup
5:30PM	Phys Ed	5:30PM	Recreation	5:30PM	Recreation	5:30PM	Recreation	5:30PM	Recreation	5:30PM	Recreation	5:30PM	Personal
6:30PM	Dhana 9	6:30 PN	Crave Builden	6:30PM	5 01	6:30PM	Earned T.V.	6:30PM	Oneres Brilden	6:30PM	Dhana 0	6:00PM	Time/(Shave)
0.001 1	Phase &	0.0011	Group Builder	0.001 III	Deep Clean	0.001	Earned 1.v.	0.001	Group Builder	0.001	Phase &	0.001 111	Showers Meds
	Assignments										Assignments		Snacks Personal
	Studies						PersonalTime				Studies		Time
7:30PM	Showers Meds	7:30PM	Showers Meds	7:30PM	Showers Meds	7:30PM	Showers Meds	7:30PM	Showers Meds	7:30PM	Showers Meds	7:00 PM	Weekly
	Snacks		Snacks		Snacks		Snacks Personal		Snacks		Snacks		Movie/Personal
	Personal Time		Personal Time		Personal Time		Time		Personal Time		Personal Time		Time/Meds
9:00 PM	Privilege Time	9:00 PM	Privilege Time	9:00 PM	Privilege Time	9:00 PM	Privilege Time	9:00 PM	Privilege Time	9:00 PM	Privilege Time	9:00 PM	Privilege Time
	Lights Out		Lights Out		Lights Out		Lights Out		Lights Out		Lights Out		Lights Out
9:30 PM	Privilege Time	9:30 PM	Privilege Time	9:30 PM	Privilege Time	9:30 PM	Privilege Time	9:30 PM	Privilege Time	9:30 PM	Privilege Time	9:30 PM	Privilege Time
	Lights Out		Lights Out		Lights Out		Lights Out		Lights Out		Lights Out		Lights Out

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10:00 PM	Lights Out	10:00 PM	Lights Out	10:00 PM	Lights Out	10:00PM	Lights Out	10:00 PM	Lights Out	10:00 PM	Lights Out	10:00 PM	Lights Out
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	12:00 AM										
6:30PM	Recreatio	6:30PM	Recreatio n	6:30P <b>M</b>	Recreatio n	6:30PM	Recreatio n	6:30PM	Recreatio n		
	3:15 PM	Gender/Li fe Skills			·						
		Home Ec. Class Lunch /Hygiene			1						
	12:30PM 1:30PM	Cloanun Phys Ed Study Hall									
		Homework								•	